

What is Hospice Palliative Care?

The Canadian Hospice Palliative Care Association states that Hospice Palliative Care (HPC):

- aims to relieve suffering and improve the quality of living and dying.
- is appropriate for any person and/or family living with a life-threatening illness due to any diagnosis.
- may complement or enhance disease-modifying therapy or it may become the total focus of care.
- is most effectively delivered by an interdisciplinary team of healthcare providers.

A Model to Guide Hospice Palliative Care: Based on National Principles and Norms of Practice, Canadian Hospice Palliative Care Association, March 2002

Consultation

HPC Consultants

HPC consultants provide education, mentorship, and linkages to palliative care resources across the continuum of care:

- LTC Homes
- Community Support Agencies
- Hospices
- Day Programs
- Supportive Housing
- CCAC & Contracted Agencies
- Other Organizations



...helping to build capacity amongst front line service providers in the delivery of palliative care

HPC Services

HPC consultants:

- assist service providers in the application of the Model to Guide Hospice Palliative Care, assessment tools and best practice guidelines.
- offer consultation to service providers in person, by telephone, or through e-mail regarding care, e.g., assessment and management of pain and other symptoms; they do not provide direct care.
- provide case-based education and mentoring for service providers.
- link providers with specialized hospice palliative care resources.

Palliative Pain & Symptom Management Consultation Services funded by Ontario Ministry of Health and Long-Term Care and sponsored by St. Mary's General Hospital

Education

HPC Consultation Services offers **workshops, conferences** and **formal courses**:

- Fundamentals in Hospice Palliative Care
- Advanced Hospice Palliative Care Education (AHPCE)
- Comprehensive Advanced Palliative Care Education (CAPCE)

Consultations and education are supported by:

- facilitating the integration of knowledge into clinical practice,
- assisting with referrals to other services and resources, and
- providing access to our resource library including videos, journals, and texts.

Contact Us

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HPC Consultation Services

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Our website was designed with your needs in mind. **Visit us often** for up-to-date information on:



- local, regional and national **educational** opportunities.
- local **referral** information and downloadable forms.
- **clinical** assessment guidelines and downloadable tools.
- valuable **tips** to easily incorporate into your practice.
- **newsletters** that keep you informed about HPC Consultation Services in your area.
- CNA HPC **certification** requirements.
- Professional **links** – your quick connection to resources in your area.

Waterloo Region

HPC

(Hospice Palliative Care)

Consultation Services



...connecting
with health care providers and
volunteers to improve the
quality of living
and dying.